

## Swim Team Parent Page

Swim Team Season starts June 4th and runs through the last weekend in July. PLEASE have your completed application in ASAP, your child cannot swim until we have it.

Swim meets are Tuesday and Thursday evenings,(we have two meets on Mondays this year) at either Gateway Heights or at one of the other Division I or Division II pools. Swim meets start at 6:30 pm and usually end around 8:00pm. They are dual meets and consist of 30 events. Swimmers can swim in up to 3 events each meet for points. Each event is scored based on place. Individual events are scored as 5 points for 1<sup>st</sup> place, 3 points for 2<sup>nd</sup> place and 1 point for third; relay events are scored 5 points for 1<sup>st</sup> place and 2 points for 2<sup>nd</sup> place. The team that accumulates the most points wins the meet. Swimmers can also swim as an alternate. These swimmers do not earn points for the team but they do gain experience in swimming a race and competing with others. Swim meets are governed by the ESA rules which can be found on the ESA website. [www.easternswimassociation.org](http://www.easternswimassociation.org)

Our swim meets are run by volunteers. Each family is required to volunteer at each meet. Volunteer sign-ups will be posted on the swim team bulletin board at the pool. All volunteer and donation opportunities will be listed. If you volunteer for two swim meets it will count towards your Gateway Heights 2018 Volunteer obligation.

Dual Meets-these are our regular season meets. There are only two teams that participate.

Walt Brown Invitational (Odd Age Meet)-all ESA teams are invited to this meet. This meet is for swimmers aged 9, 11, 13 and 15. It takes place at Haymaker Swim Club. (June 23rd) This is a great meet for the younger swimmers in each age group because they only swim against swimmers their own age.

Monroeville Invitational-all Monroeville pools are invited to this meet. It takes place at Garden City Swim Club (July 14th) Not every swimmer on our team will participate in this meet....participation is based on best times.

Mini Meet-all ESA teams are invited to this meet. This meet is for swimmers aged 8 years and younger. It takes place at Park Swim Club (July 21st)

Champs-all ESA Division I teams are invited to this meet. All age groups are represented, but not every swimmer will participate. (July 28<sup>th</sup> at Forest Hills Pool)

Swim Team Picnic-all Gateway Heights swimmers and families are invited. July 29th at 5pm at the pool. Swimmers are free. Families are asked to pay \$10 per person and provide a salad or side dish to share, along with a 2L bottle of pop, iced tea, lemonade, etc... The swim team will provide the main dish, water and desserts. More info to follow.